

Since  
2007

# Assertive Community Treatment (ACT)



Individualized services for persons with severe mental illness for whom traditional care hasn't been effective.

## What is ACT?

- \* Comprehensive Array of Services
- \* Transdisciplinary Team Approach
- \* Small Caseload
- \* Flexible Individualized Services
- \* Continuity of Care
- \* Crisis Coverage
- \* Community Service Provision



"They helped me get off the streets."

"I don't drink or do drugs now."

"I have a job and pay my own bills."

## Staff working on an ACT team

|                                             |                   |
|---------------------------------------------|-------------------|
| Team Leader                                 | Nurse             |
| Psychiatric Care Provider                   | Program Assistant |
| Case Manager                                | Peer Specialist   |
| Housing Specialist                          | Therapist         |
| Supported Employment & Education Specialist |                   |
| Co-occurring Disorder Specialist            |                   |

## Where are individuals referred from for ACT services?

Schools, county health departments, jails, treatment courts, public services, homeless shelters, inpatient hospitals or long term care facilities, residential facilities, Children's Division, primary care physicians, counselors, families

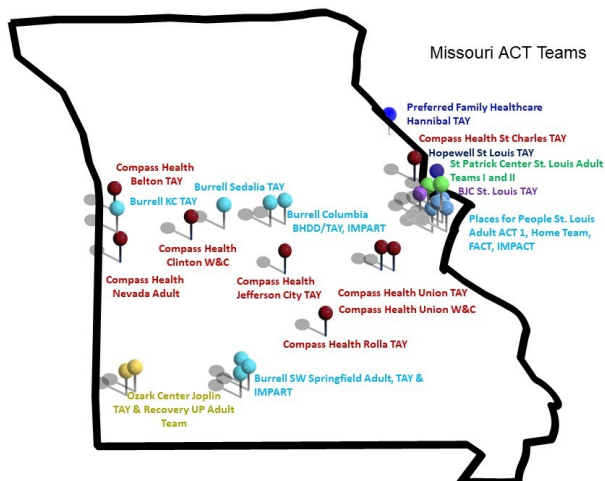
*Missouri teams operate in high implementation of fidelity to the proven model of care for ACT*

*High fidelity = better client outcomes*

## MO ACT FACTS

- \* 26 ACT teams in Missouri
- \* Currently serve approximately 971 clients
- \* Specialized Teams include:
  - Transitional-Aged Youth (TAY) ages 16-25
  - Developmental disability TAY (BHDD)
  - Individuals involved in the legal system (FACT)
  - Parent at risk of losing custody of children (STEPS & IMPART)

## Where are ACT teams in Missouri?



## OUTCOMES are the KEY to RECOVERY:



Competitive Employment, Stable Housing, Education, Advocacy  
Co-occurring Disorders Treatment  
Independent Living

Hospitalizations & ER Visits  
Homelessness, Incarcerations  
Harmful Behavior